

TRAUMA-INFORMED PRACTICE, CAS

Contact

Dyane Watson, Department Chair and Professor of Practice

Department of Marriage and Family Therapy
315-443-6170
dkwatson@syr.edu

Description

The Certificate of Advanced Studies in Trauma-informed Practice is structured for students currently enrolled in the Marriage and Family Therapy or Masters of Social Work residential programs, or the Marriage and Family Therapy online program who intend to expand their knowledge and skills in the field of trauma response and intervention. The core courses and elective options address the theoretical foundations of trauma, as well as evidenced-based trauma-informed practice approaches and techniques.

Courses in the Trauma Informed Practice CAS may be delivered either residentially and/or through the distance education format and sections may be restricted or reserved for certain populations. Applicants are encouraged to contact their advisor and/or the MFT Department Chair for information regarding course offerings.

Please note, completion of the Advanced Certificate in Trauma-informed Practice program alone does not qualify an individual for licensure as a social worker, marriage and family therapist, or any other profession licensed under Title VIII of the Education Law, nor does it authorize a certificate holder to engage in those scope-restricted professions.

Admission

Completed bachelor's degree, minimum GPA of 3.4. Enrollment in the Marriage and Family Therapy or Masters of Social Work residential programs, or the Marriage and Family Therapy online program. GRE's are not required.

Eligibility requirement: To be awarded a C.A.S., a student must be matriculated in the certificate program for at least one semester. Matriculation may not be backdated.

Financial Support

No financial aid is offered to students in the Trauma-informed CAS program.

Requirements

The curriculum includes two 3-credit courses, to be chosen from a group of five courses (Group A), and three 3-credit courses, to be chosen from a list of courses that include trauma-informed content (Group B).

Student Learning Outcomes

1. Identify the differences between single-event trauma and complex trauma
2. Describe the historical context of the trauma field

3. Demonstrate knowledge and emerging skills in the area of assessment of complex trauma, including the use of various assessment tools
4. Demonstrate knowledge and emerging skills in the area of trauma-informed intervention, including the ability to match interventions appropriately to the type(s) of trauma experienced
5. Demonstrate an understanding of trauma-informed intervention for diverse populations

Program Requirements

The curriculum includes two 3-credit courses, to be chosen from a group of five courses (Group A), and three 3-credit courses, to be chosen from a list of courses that include trauma-informed content (Group B).

Code	Title	Credits
Group A Courses		
Select two of the following:		6
MFT 603	Introduction to Trauma Studies	
MFT 643	Family Therapy with Complex Trauma	
SWK 738	Core Concepts in Trauma Treatment for Children and Adolescents	
SWK 740	Treatment of Complex Trauma with Individuals	
Group B Courses		
Select three of the following:		9
MFT 642	Therapy with LGBTQ Couples and Families	
MFT 686	Play Therapy with Children and Families	
PHP 605	Science and Practice of Mindfulness	
SWK 682	Introduction to Equine Assisted Activities and Therapies	
SWK 727	Family Violence: Policy, Practice and Research	
SWK 735	Principles and Methods of Social Work Practice with Black Families	
PHP 609	The Impact of Addictions on Families and Relationships	
or PHP 618	Alcohol, Other Drugs, Sex and Gambling: Dynamics of Addiction	
or MFT 781	Alcohol and Other Drugs in Human Service Settings	
or SWK 781	Alcohol and Other Drugs in Human Service Settings	
MFT 724	Psychopathology	
or SWK 724	Psychopathology	
Total Credits		15

Certificate Awarded

Certificate of Advanced Study

Transfer Credit

Per University Rules and Regulations, a maximum of three credits from a combination of transfer and/or external examinations/extra-institutional and experiential learning will be accepted toward a C.A.S.

Satisfactory Progress

Per University Rules and Regulations, graduate students must earn a minimum average of 3.0 for work comprising the program for the degree or certificate and a minimum cumulative GPA of 2.8.