# COUNSELING (COU)

**COU 575 Orientation to Substances of Abuse (3 Credits)**
*School of Education*
Common substances of abuse. Origin, distribution and sale, use, methods of ingestion, effects, legitimate uses, and other features. Foundation course for other curricular offerings in substance-abuse counseling.

**COU 585 General Counseling Methods (3 Credits)**
*School of Education*
For non-majors, introduces students to fundamental components of the practice of counseling for application in a variety of professional settings. This course cannot be used to waive a required course for a master's program in Counseling and Human Services.
Shared Competencies: Critical and Creative Thinking (https://coursecatalog.syracuse.edu/shared-competencies/critical-and-creative-thinking/)

**COU 600 Selected Topics in Counseling (1-6 Credits)**
*School of Education*
Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester. Repeatable

**COU 612 Professional Orientation & Ethical Practice (3 Credits)**
*School of Education*
The historical development of counseling, legal and ethical issues, professional identity, and professional counseling roles and practices in various settings.

**COU 614 Group Work in Counseling (3 Credits)**
*School of Education*
Principles of group dynamics, group developmental stage theory, leadership styles, and group leadership methods, with a focus on the integration of practice and theory in multiple group contexts. Course includes student participation in a within-class group experience. Permission of instructor.

**COU 615 Principles and Practices in Rehabilitation Counseling (1-3 Credits)**
*School of Education*
Roles of rehabilitation counselors in a variety of settings and the implications of disability as it relates to counseling people with disabilities. Study of various topics as they relate to rehabilitation counseling.

**COU 624 Theories of Counseling (3 Credits)**
*School of Education*
Counseling theories: their psychological assumptions, the therapeutic process inherent in each, and the expected outcomes of successful counseling.

**COU 626 Social and Cultural Dimensions of Counseling (3 Credits)**
*School of Education*
Theory and research related to counseling persons of different cultural identities. A broad definition of cultural as premise for increasing student awareness and knowledge of how culture affects the counseling process.

**COU 628 Life-Span Human Development (3 Credits)**
*School of Education*
Developmental theory and research pertaining to change and consistency across the lifespan. Focus on the facilitation of human development for persons of varying background and experience. Application of developmental principles to counseling practice.

**COU 642 Career Development (3 Credits)**
*School of Education*
The meaning of work for individuals and within cultural contexts; theories of career development; using computers in career counseling; vocational decision making; and career counseling strategies for working with diverse populations including persons with disabilities.

**COU 644 Counseling Prepracticum (3 Credits)**
*School of Education*
Introduction to counseling skills and techniques, including assessment, relationship building, goal setting, and therapeutic intervention. Extensive use of video and audio taping of role-played counseling interactions. Permission of instructor.

**COU 645 Counseling Prepracticum II: Advanced Multicultural Counseling Skills (3 Credits)**
*School of Education*
Clinical and case conceptualization skills for working with diverse populations. Race, ethnicity, culture, gender, sexual orientation, ability, and religion, with focus on applicability for counseling practice.
Advisory recommendation Prereq: COU 644; Coreq: COU 626

**COU 646 Assessment in Counseling (3 Credits)**
*School of Education*
Analysis and interpretation of selected interest and personality tests, as well as assessment environments. Synthesis of comprehensive case data and report writing in educational, vocational, and general counseling. Assessment of individuals and families.

**COU 651 Crisis Counseling (3 Credits)**
*School of Education*
Review of the theory, history and practice of crisis counseling. Emphasis is placed on the study of techniques and interventions appropriate for use in a variety of crisis situations.

**COU 672 Counseling Children and Adolescents (3 Credits)**
*School of Education*
Specialized knowledge, skills, and awareness necessary for counseling children and adolescents within individual, group, and family counseling modalities. Developing a therapeutic relationship and implementing effective interventions.

**COU 675 Substance Abuse Counseling (3 Credits)**
*School of Education*
Biological, psychological, and social factors contributing to chemical dependency. Overview of different theoretical approaches to substance abuse counseling. Discussion, demonstration, and practice of counseling strategies for prevention and intervention.

**COU 678 Child Centered Play Therapy (3 Credits)**
*School of Education*
Theoretical and applied philosophical understanding of child-centered play therapy. Reflective listening, tracking, limit setting, selecting props, structuring sessions, identifying themes, using consultation, etc., to conduct individual, dyadic, group and filial therapy. Cross-cultural relationships.

**COU 690 Independent Study (1-6 Credits)**
*School of Education*
In-depth exploration of a problem or problems. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor or instructors and the department.
Repeatable

**COU 700 Selected Topics in Counseling (1-6 Credits)**
*School of Education*

**COU 725 Vocational Placement Philosophies and Methods (1-3 Credits)**
*School of Education*
Study of employer attitudes, client preparation for placement, the counselor's role in the placement process. Emphasis on placement techniques, traditional and innovative. Group techniques, importance of follow-up. Job classifications and job analysis.

**COU 727 Foundations of Mental Health Counseling (3 Credits)**
*School of Education*
Roles, functions, and contexts for mental health counselors working in community agencies. A review of dimensions, interventions, and characteristics of agencies serving diverse populations. Foundations of mental health consultation, prevention, and program evaluation.

**COU 729 The Counselor in the Schools (3 Credits)**
*School of Education*
Roles and functions of school counselors. Analysis of the history, development, implementation and evaluation of school counseling programs, K-12.

**COU 739 School Counseling for College Access and Retention (3 Credits)**
*School of Education*
School counseling related knowledge, skills, and awareness necessary for college access. Use of the American School Counselor Association National Model to influence P-12 students, families, schools, colleges and the entrepreneurial admissions sector.

**COU 749 Leadership and School Counseling Program Implementation (3 Credits)**
*School of Education*
Critical issues in schools. Implementation of comprehensive K-12 developmental school counseling program: models, strategies, and interventions to work effectively as school counselors at different school levels. School counseling majors only.
Advisory recommendation Prereq: COU 729 and Coreq: COU 790

**COU 750 Practicum in Counseling (3 Credits)**
*School of Education*
A one-semester, 100-hour, clinical placement to advance the student's counseling skills. Video or audio taping at the practicum site is required for supervision. Students receive weekly individual and group supervision on campus.
Repeatable 2 times for 6 credits maximum
Advisory recommendation Prereq: COU 624 and 644

**COU 758 Research Methods (3 Credits)**
*School of Education*
Methods, strategies, and issues related to research. Includes evaluating knowledge claims, quantitative and qualitative research designs, statistical analyses, and research ethics. Critical review of the professional literature for application to professional practice.

**COU 790 Internship in Counseling (3-6 Credits)**
*School of Education*
A supervised field placement in a school, agency, college, or rehabilitation setting during which students assume the varied roles of counselor. Weekly individual supervision and group supervision are required. Internships must meet all accreditation guidelines.
Repeatable 2 times for 6 credits maximum
Advisory recommendation Prereq: COU 750

**COU 800 Selected Topics (1-6 Credits)**
*School of Education*
Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.
Repeatable

**COU 805 Design and Evaluation of Counseling Programs (3 Credits)**
*School of Education*
Fundamentals of designing, implementing, and evaluating counseling programs to achieve specific ends. Individual field project in area relevant to the student's program of study is included. Course is planned to provide context for student C.A.S. projects.

**COU 820 Practicum in Clinical Supervision (3 Credits)**
*School of Education*
Experience in the clinical supervision of student counselors. For post-master's counselors.
Repeatable 2 times for 6 credits maximum

**COU 860 Advanced Practicum in Counseling (3 Credits)**
*School of Education*
Supervised counseling experience for doctoral students. Intended to expand skill sets and level of ability through involvement in complex and diverse counseling situations Empirically supported treatment is emphasized.
Repeatable 2 times for 6 credits maximum

**COU 872 Advanced Theory and Practice in Group Work (3 Credits)**
*School of Education*
An advanced graduate course that reviews seminal contributions to group work as well as current research trends. Includes supervised experience in facilitating personal growth groups. Permission of instructor.

**COU 874 Theory and Practice of Clinical Supervision (3 Credits)**
*School of Education*
Major conceptual approaches, methods, and techniques; evaluation; and ethical and legal issues. Strategies for working with supervisees representing diverse backgrounds, developmental levels, and learning styles. Supervised practice opportunities included.
Repeatable 2 times for 6 credits maximum

**COU 876 Ecological Issues in Counselor Education & Supervision (3 Credits)**
*School of Education*
Client, professional, and student issues as embedded within multiple and interrelated systems, including political and economic structures. Culturally relevant pedagogy, counseling, research, leadership, and supervision. For doctoral students only.

**COU 878 Seminar in Counseling Theory (3 Credits)**
*School of Education*
Examines psychological theory construction, compares various theoretical formulations of the counseling process, and emphasizes participants' critical analysis of how such theories relate to one's personal theoretical orientation and counseling practice. Theories representing distinct literatures within counseling are included. Permission of instructor.

**COU 880 Topical Seminar in Counseling (3-9 Credits)**
*School of Education*
Special problems in counseling and counselor education.

**COU 882 Seminar in Professional Issues (3 Credits)**
*School of Education*
Designed for advanced graduate students, this course explores key issues currently faced by counselors, supervisors, and counselor educators. Topics are identified through a review of current professional literature.

**COU 884 Counselor Education Pedagogy: Experiential and Constructivist Practices (3 Credits)**
*School of Education*
Instructional theories, methods, and teaching practices relevant to counselor education including assessment and evaluation will be discussed, compared, critiqued, and applied. An increased emphasis will be placed on experiential and constructivist approaches. Doctoral level seminar.

**COU 910 Doctoral Research Seminar (0-3 Credits)**
*School of Education*
Issues related to identifying research questions, research design, implementation, dissemination, and review. Specific topics to be discussed are determined jointly by faculty and students to ensure relevance to research development needs of participants. May not be repeated for credit.
Repeatable 3 times for 9 credits maximum

**COU 950 Doctoral Internship (0-6 Credits)**
*School of Education*
Students must be engaged in internship experiences involving counseling, clinical supervision, and teaching over the course of their doctoral study. Individual and group supervision are required as part of internship.
Repeatable 4 times for 12 credits maximum

**COU 970 Experience Credit (1-6 Credits)**
*School of Education*
Participation in a discipline or subject related experience. Student must be evaluated by written or oral reports or an examination. Permission in advance with the consent of the department chairperson, instructor, and dean. Limited to those in good academic standing.
Repeatable

**COU 990 Independent Study (1-6 Credits)**
*School of Education*
In-depth exploration of a problem or problems. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor or instructors and the department.
Repeatable