

MARRIAGE AND FAMILY THERAPY (MFT)

MFT 567 Sexual Issues for the Helping Professional (3 Credits)

Arts & Sciences

Sexual abuse, sexual assault, sexual dysfunction, sex and disability, and nontraditional sexual relationships. Introduction to educational and therapeutic intervention.

MFT 600 Selected Topics (1-6 Credits)

Arts & Sciences

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester. Repeatable

MFT 603 Introduction to Trauma Studies (3 Credits)

Arts & Sciences

Cross-listed with PHP 603

This course is an overview of trauma studies and examines trauma typology, prevention, and intervention and is taught through an ecosystemic lens.

MFT 625 Family Systems and Therapy (3 Credits)

Arts & Sciences

Theory and techniques. Therapeutic approaches such as structural, strategic, intergenerational, and experiential family therapy. Not for Marriage and Family Therapy majors.

MFT 641 Divorce Mediation (3 Credits)

Arts & Sciences

Cross-listed with SWK 641

Basic theory and skills of divorce mediation. Includes introduction to conflict resolution theory, divorce law, financial planning, custody issues, and marital and family dynamics related to divorce.

MFT 642 Therapy with LGBTQ Couples and Families (3 Credits)

Arts & Sciences

LGBTQ relationship issues and sexual and gender identity development and clinical work with LGBTQ clients. Heterosexual/cisgender privilege, coming out, internalized oppression, cultural identities, formation of families and parenting, and gender transition.

MFT 643 Family Therapy with Complex Trauma (3 Credits)

Arts & Sciences

Explores the effects of trauma on child development and family functioning, and introduces the use of family therapy for the treatment of complex trauma. Learn to develop treatment intervention strategies in a systemic framework.

MFT 644 Family Therapy with LGBTQ Youth (3 Credits)

Arts & Sciences

Overview of family therapy with LGBTQ youth, taught through a social justice lens. The course examines how specific LGBTQ issues affect families and other social systems.

MFT 645 Queering Theory, History and Clinical Practice (3 Credits)

Arts & Sciences

Overview of LGBTQ studies, including traditional understandings of sexuality and gender, historical and contemporary trajectories of LGBTQ people and application to clinical work with LGBTQ clients.

MFT 661 Introduction to Family Therapy Practice (3 Credits)

Arts & Sciences

Introduces basic therapeutic skills of family therapy practice.

MFT 662 Systems Dynamics in a Group Setting (3 Credits)

Arts & Sciences

Cognitive and affective awareness of group process through didactic and experiential instruction. Group techniques for the treatment of family issues. For students in Marriage and Family Therapy Program.

Prereq: MFT 661 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 663 Applied Research in Human Service Settings (3 Credits)

Arts & Sciences

Design and execution of research in human service settings. Proposal development, creation of quantitative and qualitative instruments, coding of data, computer-based data analysis, and production of research reports.

MFT 671 Introduction to Family Systems (3 Credits)

Arts & Sciences

Family as a system. Family functioning and the impact of developmental stage, sociocultural context, and family of origin.

MFT 672 Couple Therapy: Theory and Techniques (3 Credits)

Arts & Sciences

The couple relationship and ways to facilitate it. Psychodynamic, behavioral, and systems approaches. Non-marital, marital, and divorcing couples. For students in Marriage and Family Therapy program.

Prereq: MFT 661, MFT 671 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 673 Child Development Theory and Family Therapy Interventions (3 Credits)

Arts & Sciences

Child development, relationship development, and family therapy theory and techniques. The dynamic interplay among family systems, gender, child development, and other contextual variables.

MFT 675 Internship Pre-Planning (0 Credits)

Arts & Sciences

Pre-planning for matching and securing an internship. Course facilitates access to the Tevera Internship system via BlackBoard.

Repeatable 4 times for 0 credits maximum

MFT 681 Marriage and Family Therapy Ethics and Issues (3 Credits)

Arts & Sciences

Ethical, legal, and professional issues in marriage and family therapy. For students in the Marriage and Family Therapy program.

MFT 682 Marriage and Family Therapy Theory and Techniques (3 Credits)

Arts & Sciences

Theory and practice of the major family therapies.

Prereq: MFT 671 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 684 Family Therapy Perspectives on Cultural Diversity (3 Credits)

Arts & Sciences

How six basic dimensions of diversity (race, ethnicity, class, gender, sexual orientation, religion) interface with the dynamics of oppression to structure reality in general, and more specifically the process of therapy.

MFT 685 Family Theories in Family Therapy (3 Credits)

Arts & Sciences

An integrative family therapy course exploring the content and process of family therapy in a way that values the similarities and differences inherent in individual, family, and therapy development across the life cycle.

Prereq: MFT 671, MFT 682 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 686 Play Therapy with Children and Families (3 Credits)*Arts & Sciences*

Examines the assessment and psychotherapeutic treatment of children and families through play therapy. Working with children and families in crisis including loss, abuse, and illness, is a particular focus.

MFT 687 Spirituality in Therapy (3 Credits)*Arts & Sciences*

Explores spirituality in the context of therapy with individuals and families. Explores relationship between client and therapist by acknowledging spirituality as a possible dimension of personhood while considering language, worldview, power, relationship and individual/systemic issues.

MFT 688 Family Therapy Across the Life Cycle (3 Credits)*Arts & Sciences*

Integrative family therapy course exploring the content and process of family therapy in a way that values the similarities and differences inherent in individual and family therapy across the developmental life cycle.

MFT 689 Migration and Mental Health (3 Credits)*Arts & Sciences*

Special issues related to refugee and immigrant mental health in the United States. Focus on transnational, contextual factors influencing mental health and well-being; examination of multiple systems impacting individual, family, and community mental health factors.

MFT 690 Independent Study (1-6 Credits)*Arts & Sciences*

Exploration of a problem, or problems, in depth. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor(s) and the department.
Repeatable

MFT 724 Psychopathology (3 Credits)*Arts & Sciences*

Stressful processes of living, focusing on individual attitudinal and behavioral responses that may be maladaptive. Traditional mental health theories and classifications, and relevant perspectives from sociology, social psychology, and biology.

MFT 750 Introduction to Marriage & Family Therapy Practicum (3 Credits)*Arts & Sciences*

Introduction to clinical practice in the Couple and Family Therapy Center, or a clinical setting approved by the department.

MFT 760 Practicum in Marriage and Family Therapy I (3 Credits)*Arts & Sciences*

First course of four required courses in supervised clinical practice in Couple and Family Therapy for students in the Marriage and Family Therapy program.

Repeatable

Prereq: MFT 750 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 761 Practicum in Marriage & Family Therapy II (3 Credits)*Arts & Sciences*

Second course of four required courses in supervised clinical practice in Couple and Family Therapy for students in the Marriage and Family Therapy program.

Prereq: MFT 760 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 762 Practicum in Marriage and Family Therapy III (3 Credits)*Arts & Sciences*

Third course of four required courses in supervised clinical practice in Couple and Family Therapy for students in the Marriage and Family Therapy program.

Prereq: MFT 761 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 763 Practicum in Marriage and Family Therapy IV (3 Credits)*Arts & Sciences*

Fourth course of four required courses in supervised clinical practice in Couple & Family Therapy for students in the Marriage and Family Therapy program.

Prereq: MFT 762 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 764 Practicum in Marriage and Family Therapy V (1-3 Credits)*Arts & Sciences*

Elective course in supervised clinical practice in Couple and Family Therapy for students in the Marriage and Family Therapy program who have not completed the required 500 hours.

Repeatable 2 times for 6 credits maximum

Prereq: MFT 763 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 771 Family Systems Approach to Addictions and Eating Disorders: Theory and Therapy (3 Credits)*Arts & Sciences*

Family-systems approach to the assessment and treatment of addictions, alcoholism, eating disorders, and obesity.

MFT 772 Divorce and Remarriage: Family Theory and Therapy (3 Credits)*Arts & Sciences*

Family-systems approach to separation, divorce, remarriage, and stepfamily formation. Review of research and family intervention strategies.

MFT 773 Family Violence: Theory and Therapy (3 Credits)*Arts & Sciences*

Systemic approach to assessment and treatment of family violence. Child, spousal, and parental abuse.

MFT 774 Parenting and Family Enrichment: Programs and Research (3 Credits)*Arts & Sciences*

Theory and research on parenting and family enrichment. Overview of intervention programs

MFT 777 Family Perspectives on Gender Roles and Socialization: Theory & Therapy (3 Credits)*Arts & Sciences*

Gender and its implications for socialization, family functioning, and family therapy.

MFT 778 Loss Across the Life Cycle: Family Theory and Therapy (3 Credits)*Arts & Sciences*

Systemic approach to theory and treatment of normative and non-normative losses across the family life cycle.

MFT 779 Sexual Identity and Family Therapy (3 Credits)*Arts & Sciences*

Systemic approach to sexual identity and family therapy theory and clinical applications.

MFT 781 Alcohol and Other Drugs in Human Service Settings (3 Credits)*Arts & Sciences*

Introduces theory and practice strategies appropriate to understand and address alcohol and other drug problems among clients in various human services settings.

MFT 788 Systemic Family Therapy with Military Families (3 Credits)*Arts & Sciences*

Systemic family therapy with veterans and military families. Emphasis on evidence-based and trauma-informed clinical practice.

MFT 860 Advanced Family Therapy Practicum (1 Credit)*Arts & Sciences*

Advanced supervised clinical experience for Marriage and Family Therapy doctoral students. A minimum of four credits required
Repeatable

MFT 861 Supervision in Marriage and Family Therapy (3 Credits)*Arts & Sciences*

Theory and techniques of supervision in marriage and family therapy. Required course for AAMFT Supervisor designation.

MFT 862 Advanced Family Therapy with Children and Adolescents (3 Credits)*Arts & Sciences*

Assessment, diagnosis, and family treatment of child-hood and adolescent dysfunction. Interaction between child and family system.

MFT 863 Advanced Couple Therapy (3 Credits)*Arts & Sciences*

Family systems approach to the assessment and treatment of couple dynamics, including sexuality.

MFT 865 Advanced Family Therapy Theory (3 Credits)*Arts & Sciences*

Critique of family therapy theories. Theory development.

MFT 870 Practicum in Marriage and Family Therapy Supervision (1 Credit)*Arts & Sciences*

Supervision of Marriage and Family Therapy therapists-in-training. Partial fulfillment of AAMFT requirements for approved supervisor status.
Repeatable

Prereq: MFT 861 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 875 Cultural Diversity: Family Theory and Therapy (3 Credits)*Arts & Sciences*

Influence of racial, ethnic, and religious heritage on family structure and therapeutic intervention.

MFT 882 Assessment and Research Methods in Marriage and Family Therapy (3 Credits)*Arts & Sciences*

Overview of family assessment techniques. Issues and procedures in family therapy process and outcome research.

MFT 884 Marr & Family Therapy Proseminar (3 Credits)*Arts & Sciences*

Integration of family therapy theory and research. Topics dependent upon interests of students and faculty.

MFT 885 Qualitative Research Methods in Family Therapy (3 Credits)*Arts & Sciences*

A qualitative inquiry in the social sciences. Students will learn to apply qualitative research methodology to understand human phenomena and life.

Prereq: HFS 631 Please review Class Notes within Class Search Results - Class Section > View Details.

MFT 960 Internship in Marriage and Family Therapy (0 Credits)*Arts & Sciences*

Supervised internship in Marriage and Family Therapy. Nine to 12-month family therapy internship with AAMFT approved supervision.
Repeatable

MFT 990 Independent Study (1-6 Credits)*Arts & Sciences*

Exploration of a problem, or problems, in depth. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor(s) and the department.

Repeatable

MFT 996 Doctor of Practice in Couple and Family Therapy Capstone (3 Credits)*Arts & Sciences*

Integration of theoretical, research and practice skills through the development of a written capstone proposal and an oral presentation. Students must take the capstone twice for a total of 6 credits. Students must complete 18 program credits before beginning capstone.
Repeatable 2 times for 6 credits maximum

MFT 997 Master's Thesis or Project (0-6 Credits)*Arts & Sciences*

Repeatable

MFT 999 Dissertation (1-12 Credits)*Arts & Sciences*