

COUNSELING (COU)

COU 101 Developmental Issues of College Age Adults (3 Credits)

School of Education

Issues of college students such as time management, identity development, intimacy, sexuality, alcohol and drug use, conflict management, interpersonal communications, dealing with diversity, choosing a major and a career.

Shared Competencies: Ethics and Integrity (<https://coursecatalog.syracuse.edu/shared-competencies/ethics-and-integrity/>)

COU 575 Orientation to Substances of Abuse (3 Credits)

School of Education

Common substances of abuse. Origin, distribution and sale, use, methods of ingestion, effects, legitimate uses, and other features. Foundation course for other curricular offerings in substance-abuse counseling.

COU 585 General Counseling Methods (3 Credits)

School of Education

For non-majors, introduces students to fundamental components of the practice of counseling for application in a variety of professional settings. This course cannot be used to waive a required course for a master's program in Counseling and Human Services.

Shared Competencies: Critical and Creative Thinking (<https://coursecatalog.syracuse.edu/shared-competencies/critical-and-creative-thinking/>)