

HEALTH REC & PHYS ED (HEA)

HEA 100 Selected Topics (1-6 Credits)

School of Education

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.

Repeatable

HEA 200 Selected Topics (1-6 Credits)

School of Education

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.

Repeatable

HEA 280 International Course (1-12 Credits)

School of Education

Offered through SUAbroad by educational institution outside the United States. Student registers for the course at the foreign institution and is graded according to that institution's practice. SUAbroad works with the S.U. academic department to assign the appropriate course level, title, and grade for the student's transcript.

Repeatable

HEA 290 Independent Study (1-6 Credits)

School of Education

Exploration of a problem, or problems, in depth. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor(s) and the department.

Repeatable

HEA 300 Selected Topics (1-3 Credits)

School of Education

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.

Repeatable

HEA 301 Health and Happiness (1 Credit)

School of Education

This course addresses health/wellness topics related to healthy living: personal health, stress, gratitude, nutrition and physical activity, substance abuse, happiness, grief, death and dying. Basic principles and theories of health education and promotion will be addressed.

HEA 332 Personal Health and Safety (3 Credits)

School of Education

Contemporary health issues including human sexuality, stress management, substance abuse, exercise, and nutrition.

Shared Competencies: Civic and Global Responsibility (<https://coursecatalog.syracuse.edu/shared-competencies/civic-and-global-responsibility/>)

HEA 400 Selected Topics (1-6 Credits)

School of Education

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.

Repeatable

HEA 445 Methods of Teaching Health (3 Credits)

School of Education

The 'How' and 'What' to teach in health education. School health content, state and national curricula and standards, teaching resources, technology and pedagogy. A 25-hour field placement accompanies this course.

HEA 470 Experience Credit (1-6 Credits)

School of Education

Participation in a discipline- or subject-related experience. Students must be evaluated by written or oral reports or an examination. Limited to those in good academic standing.

Repeatable

HEA 490 Independent Study (1-6 Credits)

School of Education

Exploration of a problem, or problems, in depth. Individual independent study upon a plan submitted by the student. Admission by consent of supervising instructor(s) and the department.

Repeatable

HEA 500 Selected Topics (1-6 Credits)

School of Education

Exploration of a topic (to be determined) not covered by the standard curriculum but of interest to faculty and students in a particular semester.

Repeatable