

NUTRITION MINOR

Coordinator

Margaret Voss, Undergraduate Program Director
561 White Hall
315.443.3853
mavoss@syr.edu

Description

Students pursuing programs in other areas of study may choose a minor in nutrition. The minor program requires the completion of 18 credits, of which a minimum of 12 credits must be at the 300 level or above.

Admission

To be admitted to the program, students must:

1. Maintain an overall GPA of 3.0
2. Complete NSD 225 Nutrition in Health
3. Meet with the minor coordinator to complete the declaration of minor form

Student Learning Outcomes

Upon completion of the program, students will be able to:

1. Use current information technologies to locate, interpret, evaluate and use professional literature to make ethical evidence-based practice decisions and apply evidence-based guidelines and protocols.
2. Produce effective and professional oral and written communication and documentation.

Code	Title	Credits
Required		
NSD 115	Food Science I	3
NSD 225	Nutrition in Health	3
Select 12 credits of the following:		12
NSD 342	Nutrition in the Life Span	
NSD 343	Dietary Supplements	
NSD 417	Integrative Food and Nutrition Therapy	
NSD 418	Vegetarian Nutrition	
NSD 425	Nutrition for Fitness and Sports	
NSD 427	Public Health Nutrition	
NSD 447	Weight Management, Obesity and Disordered Eating	
NSD 452	Mediterranean Food and Culture: A Florence Experience	
NSD 455	Community Nutrition	
NSD 469	South Asia - Family, Food and Healthcare Systems	
NSD 511	Nutrition Education	
NSD 555	Food, Culture and Environment	

Elective courses NSD 452 and NSD 469 include a travel abroad component. Students will register for a zero-credit travel class in the semester following either NSD 452 or NSD 469 course work. Please see course instructor for details.

If prerequisites are taken

NSD 456	Nutritional Biochemistry
NSD 466	Nutritional Biochemistry II

Total Credits 18

Restrictions

Minor is open to students outside the Nutrition BS program.

Note

Admission to the minor and classes will be on a space-available basis.